

MASSANUTTEN SKI AND SNOWBOARD TEAM: 2009-10

PURPOSE and MISSION:

- ❖ To help junior skiers to improve their skiing and ski racing abilities
- ❖ Snowboard athletes: To promote understanding of and a respect for safety factors inherent in the sport of Freestyle while receiving training in proper freestyle technique
- ❖ To provide a team environment that encourages friendship, sportsmanship and a greater enjoyment of skiing, racing, or freestyle
- ❖ Our mission is to promote multiple and varied training opportunities for our team athletes. Our team will consist of skiers and snowboarders who **have achieved a high level of skill development and demonstrate a desire to continue to progress to higher skills and/or competition levels.**
- ❖ Athletes at this level are expected to demonstrate the highest levels of coach-ability, sportsmanship, and have reached a minimum level of skiing, racing, and snowboarding ability.

ELIGIBILITY:

Race Competition

- ❖ The program is open to boys and girls 7 to 19, who ski aggressively and in control on all Massanutten Slopes. These athletes will join our national and regional ski racing associations.
- ❖ NEW members will be accepted at the Head Coach's discretion.

Development Team

- ❖ Open to skiers ages 7-16 who ski in control and with comfort on intermediate through advanced terrain

Freestyle Team

- ❖ Open to snowboard athletes ages 7-16 who would like a freestyle training focus and can safely negotiate advanced terrain.

Riders Team

- ❖ Open to snowboard athletes ages 7-16 who snowboard with skill on intermediate terrain

All athletes must be independent lift riders. This requires the ability to load and unload, raise and lower the bar, and to safely ride with team members. Athletes must wear a helmet at all practices and competitions.

PRACTICES: For all team members

- ❖ **Wednesdays, 5:30-7:00 P.M. and Thursdays, 5:30-7:30 P. M.**
- ❖ **Saturdays and Sundays, 9:00 A.M. -12:00 P. M.**

While all team members are encouraged to attend all practice sessions, **we require attendance at one session per week.** This will maintain team membership and pass status. Attendance at races at other areas will count as a practice.

COST: Membership to the Team will cost \$495. **USSA and SARA Memberships are additional.** To race at area events racers must be a member of these organizations. **Registration for these memberships is available on the SARA website: www.sararacing.org . .**

USSA Memberships contact:

Membership@ussa.org
435.647.2666

SARA Memberships contact:

www.sararacing.org: SARA Registration tab

SKI AREA CONTACTS:

Forms and Payments

Massanutten Resort

ATTN: Sandy Crenshaw/Snow Sports Learning Center

P.O. Box 1227

Harrisonburg, VA 22803-1227

FAX: 540.289.6414

snowinfo@massresort.com

Questions

Sandy Crenshaw

4000 Old Navy Way

Bridgewater, VA 22812

s.crenshaw5@verizon.net

540.289.4923 (W)

540.271.1291 (Cell)

MASSANUTTEN SKI AND SNOWBOARD TEAMS MEMBER PROFILE: 2009-10
SKI/ RACE TEAM ___ SNOWBOARD TEAM ___

Coat Size: Please Circle Youth: 6 8 10 12 14 16 18 Adult: S M L XL

Name: _____ Age _____ Date of Birth _____

If a member of USSA: **USSA # _____ Please check your Junior Category**

J1 (AGES 17-19) ____, J2 (AGES 15-16) ____, J3 (AGES 13-14) ____, J4 (AGES 11-12) ____,

J5 (AGES 9-10), ____, J6 (AGES 8 AND UNDER) _____

Parent(s) Name: _____

Phone Number(s): (____) _____, (____) _____, (____) _____

Address: _____

STREET/ROUTE

CITY/TOWN ST ZIP

E-mail Contacts:

_____, _____, _____

Contact in Case of Emergency:

Name: _____ Phone: _____ Relation to Athlete: _____

Name: _____ Phone: _____ Relation to Athlete: _____

Does the team member take any medication? __ YES __ NO If yes, please explain _____

Should the coaches be aware of any physical difficulties or allergies? __ YES __ NO If

yes, please explain _____

Number of Years Skiing: _____ Snowboarding _____ Racing: _____

Height: _____ Weight: _____

Any information you want to share about yourself as a skier, snowboarder, racer:

Goal(s) you would like to accomplish this ski season:

Equipment:

Snowboard/Skis:

Make _____ Model _____ Serial Number _____ Length _____

Make _____ Model _____ Serial Number _____ Length _____